



FEATURING

Kicked It

Artists who are currently in recovery or have recovered from substance use disorder.

Cut Short

Artists who have passed away due to substance use disorder.

Walk-FM

Encouragement through Bible verses.

WCMI 92.7 AND 98.5 THE PLANET

SHOW PREP

Kicked It:

James Hetfield – *Metallica*

The Metallica singer entered rehab in 2001 and has been sober ever since. His journey has been documented in the film *Some Kind of Monster*.

Slash – *Guns N' Roses/Velvet Revolver*

The Guns N' Roses and Velvet Revolver guitarist is no stranger to addiction. In recent years, Slash has been open about his addiction to heroin. He has shared how it has affected his personal and private life and how he lives in recovery. He's told how it began to consume his every thought and action.

Currently, Slash is clean and sober. He gives a lot of credit to his wife, sons and other sober musicians as his greatest forms of inspiration.

Steven Tyler, Joe Perry & Joey Kramer – *Aerosmith*

Aerosmith's song "Amazing" describes the desperation of a life of pain, drugs and sin. The narrator finally hit bottom, and he got help, he was amazed at how his life turned around.

Steven Tyler maintained sobriety for 12 years when he became seriously clean in 1988. Though that streak was compromised in 2006, Tyler checked himself into the Betty Ford Clinic three years later and has said to be dedicated to his sobriety ever since.

Kramer checked into the Caron Foundation treatment center in Pennsylvania in the late 1980's, where lead singer Steven Tyler also got clean, and he credits the staff with helping get back on his feet.

He wrote a memoir in 2009 titled *Hit Hard: A Story of Hitting Rock Bottom at the Top*.

Brent Smith – *Shinedown*

Brent Smith suffered from substance use disorder and obesity until his girlfriend encouraged him to make changes to his lifestyle.

Anthony Kiedis – *Red Hot Chili Peppers*

Anthony turned to cocaine and heroin when he was young. However, when his bandmate, Hillel Slovak, died of a heroin overdose in 1988, Kiedis swore he would never again do drugs.

WCMI 92.7 AND 98.5 THE PLANET

SHOW PREP

Kicked It:

Nikki Sixx – *Mötley Crüe*

Nikki Sixx released a book in 2007 titled *The Heroin Diaries: A Year in the Life of a Shattered Rock Star*. It documents his substance use disorder from 1986-1987.

Izzy Stradlin

After some run-ins with the law, Izzy went into rehab and began receiving professional counseling. What really made him stop, though, he thinks now, “was I wanted to. Cos I figured, at some point your heart’s just gonna pop, or your mind’s gonna snap, right? Eventually, that shit will kill ya, and it does. It kills people all the time. Once I got maybe like a week of sobriety, like actually going a whole week without a drink, I thought, oh god, if I can just keep this up...”

Trent Reznor – *Nine Inch Nails*

In 1994, Nine Inch Nail’s album *The Downward Spiral* coincided with Reznor’s own downward spiral as he struggled with drugs, alcohol, depression and the death of a family member. Eventually, Reznor saved himself by completing rehab but he considers it to be the hardest thing he’s ever done.

WCMJ 92.7 AND 98.5 THE PLANET

SHOW PREP

Cut Short:

Chris Cornell – *Soundgarden & Audioslave*

Age: 52

Died: May 18, 2017 in Detroit, Michigan

Cause of death: Suicide while high on Ativan, Butalbital and Pseudoephedrine

Kurt Cobain – *Nirvana*

Age: 27

Died: April 5, 1994 in Seattle, Washington

Cause of death: Suicide while high on heroin

Layne Staley – *Alice in Chains*

Age: 34

Died: April 5, 2002 in Seattle, Washington

Cause of death: Speedball (heroin + cocaine)

Mike Starr – *Alice in Chains*

Age: 44

Died: March 8, 2011 in Salt Lake City, Utah

Cause of death: Methadone and anxiolytic

Chester Bennington – *Linkin Park*

Age: 41

Died: July 20, 2017 in Palos Verdes Estates, California

Cause of death: Suicide by hanging

NOTE: Even though his actual cause of death was by suicide, Chester suffered from substance use disorder for most of his life. He also went through several rounds of rehabilitation and treatment for the disorder.

If you ever have thoughts of suicide, please call the National Suicide Prevention Lifeline at 1-800-273-8255.

Jimi Hendrix

Age: 27

Died: September 18, 1970 in London, England

Cause of death: Barbiturates

Bon Scott – *AC/DC*

Age: 33

Died: February 19, 1980 in London, England

Cause of death: Alcohol

WCMI 92.7 AND 98.5 THE PLANET

SHOW PREP

Cut Short:

John Bonham – *Led Zeppelin*

Age: 32

Died: September 25, 1980 in Berkshire, England

Cause of death: Alcohol

Hillel Slovak – *Red Hot Chili Peppers*

Age: 26

Died: June 25, 1988 in Los Angeles, California

Cause of death: Heroin

Bradley Nowell – *Sublime*

Age: 28

Died: May 25, 1996 in San Francisco, California

Cause of death: Heroin

Jonathan Melvoin – *The Smashing Pumpkins*

Age: 34

Died: July 12, 1996 in New York City, New York

Cause of death: Heroin

Paul Gray – *Slipknot*

Age: 38

Died: May 24, 2010 in Urbandale, Iowa

Cause of death: Morphine and fentanyl

Mikey Welsh – *Weezer*

Age: 40

Died: October 8, 2011 in Chicago, Illinois

Cause of death: Heroin

Scott Weiland – *Stone Temple Pilots*

Age: 48

Died: December 3, 2015 in Bloomington, Minnesota

Cause of death: Cocaine, alcohol, and MDA

Sid Vicious – *Sex Pistols*

Age: 21

Died: February 2, 1979 in Greenwich Village, New York, NY

Cause of death: Heroin

WCMJ 92.7 AND 98.5 THE PLANET

SHOW PREP

Cut Short:

Jeff Hanneman – *Slayer*

Age: 49

Died: May 2, 2013 in Hemet, California

Cause of death: Alcohol-related cirrhosis

Douglas Glenn Colvin (Dee Dee Ramone) – *The Ramones*

Age: 27

Died: June 5, 2002 in Hollywood, California

Cause of death: Heroin

Steve Clark – *Def Leppard*

Age: 30

Died: January 8, 1991 in London, England

Cause of death: Alcohol and morphine

WMGA 97.9 THE RIVER

SHOW PREP

Kicked It:

Elton John

Elton John has been sober for over 20 years. The main source of inspiration for his own sobriety was witnessing the death of Ryan White, an Indiana teenager and poster child for HIV/AIDS. John felt that as a gay man he needed to get his life together to help those suffering from HIV. According to many different sources, John claims that getting sober has been his greatest achievement.

Stevie Nicks

A legend amongst legends. She is one of the most successful rock stars of all time and she has had one hell of a journey. After beating her addiction to cocaine in the '80s, Stevie got hooked on the prescription drug Klonopin. Her addiction was well known and widely covered. She kicked that habit in the mid-'90s and has been sober ever since. Not even a landslide can bring her down now.

Eric Clapton

Clapton, who has made a career off of his work with Cream as well as his solo work, has been sober since the late 1980s. He is very publicly dedicated to recovery, holding benefit concerts and acting as founder of Crossroads Centre, an addiction treatment center in Antigua.

Phil Collins

Phil Collins opens up about his substance use disorder in his 2016 autobiography titled Not Dead Yet.

Demi Lovato

Demi still struggles with substance use disorder, but she is open and honest with the public and her fans about these struggles.

Bobby Brown

"I never used cocaine until after I met Whitney. Before then, I had experimented with other drugs, but marijuana was my drug of choice. At one point in my life, I used drugs uncontrollably," he writes. "I was using everything I could get my hands on, from cocaine to heroin, weed and cooked cocaine."

WMGA 97.9 THE RIVER

SHOW PREP

Kicked It:

Adam Clayton

On June 26, 2017, Clayton received the Stevie Ray Vaughan Award at the MusiCares 13th annual MAP Fund Benefit Concert in recognition of his commitment to helping others in recovery.

Calvin Harris

Harris stopped drinking when he was 24 because it was affecting his work.

WMGA 97.9 THE RIVER

SHOW PREP

Cut Short:

Amy Winehouse

Age: 27

Died: July 23, 2011 in London, England

Cause of death: Alcohol poisoning

Rehab (2006) was written after Winehouse's 15-minute stay in rehab that she attended simply so she could tell her record label that she went.

Bobby Sheehan – *Blues Traveler*

Age: 31

Died: August 20, 1999 in New Orleans, Louisiana

Cause of death: Speedball (heroin + cocaine)

Michael Jackson

Age: 50

Died: June 25, 2009 in Los Angeles, California

Cause of death: Propofol and benzodiazepine

Whitney Houston

Age: 48

Died: February 11, 2012 in Beverly Hills, California

Cause of death: Cocaine

Prince

Age: 57

Died: April 21, 2016 in Chanhassen, Minnesota

Cause of death: Fentanyl

Tom Petty

Age: 66

Died: October 2, 2017 in Santa Monica, California

Cause of death: Fentanyl and oxycodone

Rob Pilatus – *Milli Vanilli*

Age: 32

Died: April 3, 1998 in Friedrichsdorf, Germany

Cause of death: Suspected alcohol and prescription pill overdose

WMGA 97.9 THE RIVER

SHOW PREP

Cut Short:

Dolores O'Riordan – *The Cranberries*

Age: 46

Died: January 15, 2018 in London, England

Cause of death: Drowning due to alcohol intoxication

Howie Epstein – *Tom Petty and the Heartbreakers*

Age: 47

Died: February 23, 2003 in Sante Fe, New Mexico

Cause of death: Heroin

Shannon Hoon – *Blind Melon*

Age: 28

Died: October 21, 1995 in New Orleans, Louisiana

Cause of death: Cocaine

WDGG 93.7 THE DAWG

SHOW PREP

Kicked It:

Keith Urban

Having been in rehab for alcohol abuse and remained sober since, songwriter and guitarist Keith Urban's advice is to not be embarrassed to reach out for help. Keith Urban has battled with drug and alcohol addiction since the 90s and also salutes his wife, Nicole Kidman, for intervening and helping him achieve sobriety--though he also indirectly attributes her to be the cause of his relapse. After being sober for six years in 2004, Urban found himself drinking again after marrying Kidman and having to cope with time apart during her filming obligations. One day, after returning home from a shoot, Kidman staged an intervention. Urban reentered rehab in October 2006 and rededicated himself to sobriety.

Tim McGraw

"It got to the point where I knew that I drank too much," he said. "I knew that it was affecting my personal relationships, it was affecting my professional relationships, it was affecting my family. It was turning me into a person that I didn't want to be... I was at a point where I could lose everything that I had in my life, first and foremost, my family. It [was] time to stop. And I stopped."

Kenny Chesney

Kenny Chesney stopped drinking while on tour in 2016. "I didn't drink out on the road, which might surprise some people. I felt better on stage than I've ever felt. I wasn't feeding my body negative things," he said.

Trace Adkins

Trace Adkins had two stints in rehab in 2001 and 2014. "I'm not one of those guys that says that there are any outside circumstances, or influences, or powers that can make me do anything. If I drink, it'll be because I want to drink," he said.

Joe Nichols

"An Old Friend of Mine" is a track written about his struggle. "It's a song about me getting sober," said Nichols, who would not share his sobriety date except to say "it's a long while." "It was a powerful, painful deal. The song is very raw and it described it to a T what it's like to walk away from addiction. I'd say that's a pretty special moment."

Brantley Gilbert

Brantley Gilbert credits Keith Urban with helping him find the strength to get sober. "If it weren't for him, I don't know if I'd be sober or be in this business anymore. I'd probably be dead," he said.

WXBW BIG BUCK COUNTRY 101.5

SHOW PREP

Kicked It:

Randy Travis

In 2012, Travis's lawyer Larry Friedman stated that his client had "eliminated alcohol from his daily life," and planned to focus on his health after a string of alcohol-related incidents.

However, in mid-2013, Travis suffered a massive stroke and has been doing rehabilitation and therapy ever since. He suffered permanent damage from the stroke, and no longer performs due to these limitations.

He wrote about his substance use disorder and other challenges in a memoir titled *Forever and Ever, Amen: A Memoir of Music, Faith, and Braving the Storms of Life*.

George Jones

Years of alcoholism compromised his health and led to his missing many performances, earning him the nickname "No Show Jones." After his divorce from Wynette in 1975, Jones married his fourth wife, Nancy Sepulvado, in 1983 and became sober for good in 1999.

Jones died in 2013, aged 81, from hypoxic respiratory failure.

Cut Short:

Hank Williams

Age: 29

Died: January 1, 1953 in Oak Hill, West Virginia

Cause of death: Hemorrhages in his heart and neck, but his chronic alcohol abuse was believed to be a factor

Keith Whitley

Age: 34

Died: May 9, 1989 in Goodlettsville, Tennessee

Cause of death: Alcohol; his blood alcohol level was .47 at the time of his death

Gram Parsons

Age: 26

Died: September 19, 1973 in Joshua Tree, California

Cause of death: Alcohol and morphine

WALK-FM

HOLLYWOOD

SHOW PREP

Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.

Matthew 7:7-11

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

Luke 6:20-21

And he lifted up his eyes on his disciples, and said: "Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who are hungry now, for you shall be satisfied. Blessed are you who weep now, for you shall laugh."

Psalms 30:1-3:

"I will exalt you, Lord, for you lifted me out of the depths and did not let my enemies gloat over me. Lord my God, I called to you for help, and you healed me. You, Lord, brought me up from the realm of the dead; you spared me from going down to the pit."

Psalms 107:19-20:

"Then they cried to the Lord in their trouble, and he saved them from their distress. He sent out his word and healed them; he rescued them from the grave."

Jeremiah 17:14:

"Heal me, Lord, and I will be healed; save me and I will be saved, for you are the one I praise."

Jeremiah 29:12-13:

"Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."

Zechariah 9:12:

"Return to your fortress, you prisoners of hope; even now I announce that I will restore twice as much to you."



WALK-FM

SHOW PREP

Matthew 11:28-30:

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Mark 5:34:

"He said to her, 'Daughter, your faith has healed you. Go in peace and be freed from your suffering.'"

James 5:15-16:

"And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

James 4:10:

"Humble yourselves before the Lord, and he will lift you up."

Revelation 21:3-4:

"And I heard a loud voice from the throne saying, 'Look! God's dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God. "He will wipe every tear from their eyes. There will be no more death" or mourning or crying or pain, for the old order of things has passed away.'"

CELEBRITIES

SHOW PREP

Kicked It:

Zac Efron

What you rarely hear about regarding Zac Efron's accomplishment is perhaps his most impressive: he has multiple years of sobriety under his belt.

Zac Efron's struggle with substance use disorder started in 2013 when he made his first of two trips to treatment. Though relapse is not required, it can be part of the recovery journey, as it was for Efron. Once he found recovery that he was willing to work for, he was able to keep it.

David Hasselhoff

Since his starring role on "Baywatch", David Hasselhoff became known for his substance use disorder. After a home video of a drunken Hasselhoff went viral in 2007, his visitation rights with his daughters were temporarily suspended, forcing him to seek serious help for his addiction.

Lindsay Lohan

The young starlet, like many child actors, has publicly struggled with substance use disorder. Lohan has to work hard to stay in recovery. In 2010, she was forced by court order to wear an alcohol detection bracelet to monitor her alcohol consumption. In 2014, Lohan had a public relapse on her reality show, demonstrating how substance use disorder is indeed an ongoing battle.

Betty Ford

Betty Ford, the wife of former President Gerald Ford, suffered from substance use disorder. She raised public awareness of addiction by confessing to her long-time battle with alcoholism in the 1970s. When she finally recovered, she established the Betty Ford Center to help others overcome substance use disorder.

Perhaps Ford's greatest legacy was the honesty she brought to the American idea of substance use disorder. It can happen to anyone. She was quoted as saying "My makeup wasn't smeared, I wasn't disheveled, I behaved politely, and I never finished off a bottle, so how could I be alcoholic?" In other words, there are no stereotypical symptoms of alcoholism. Even being first lady of the United States doesn't make you immune to substance use disorder.

CELEBRITIES

SHOW PREP

Kicked It:

Stephen King

World-famous horror novelist Stephen King struggled with substance use disorder for a considerable period of time. In 1987, King's family and friends staged an intervention, dumping evidence of his substance use in front of him. King immediately sought help and quit all forms of drugs and alcohol in the late 1980s.

Michael Phelps

Shortly after pleading guilty to a DUI charge in 2014, Phelps entered a rehab treatment facility, spending 45 days in an inpatient program. Following rehab, he joined Alcoholics Anonymous to ensure his sobriety. Entering treatment marked an important milestone for Phelps, a decision that helped him refocus on what is important to him.

Tim Allen

Before he became famous, Allen did nearly two-and-a-half years in federal prison for cocaine possession. Allen then turned to comedy after getting out of prison in 1981. After Allen got busted for a DUI in 1997, he checked into rehab, and has been in recovery ever since.

Allen added, "It is a disease of the soul and the mind, and it will tear up the people around you.... I sat there [and] I said to whatever God that was watching over me: 'Help me! I will do what you want.' I'm a guy who doesn't like 'organized' anything but AA is just brilliant to me."

Amber Valletta

Valletta says she started looking for ways to get high since she was 8 years old because she was "uncomfortable being a human being."

"I sniffed markers, I sniffed glue, fingernail polish, anything that could give me a buzz," she says. By the time she was 22 and her modeling career was at its peak, Valletta was using cocaine and alcohol. Valletta sought help at 25 because she "didn't want to die." "I had to be willing to lift the veil off the shame and say, 'I'm an addict, I can't do this alone, I don't want to do this alone, I don't feel comfortable, can you help me?'"

Since recovering, the model-turned-actress hopes to inspire others by sharing her story.

CELEBRITIES

SHOW PREP

Kicked It:

Mel Gibson

In an interview with an Australian TV show in 2016, the actor said Alcoholics Anonymous was responsible for turning his life around.

"I am a member of a 12-step program and I achieved sobriety like that. I've got 10 years of sobriety under my belt," said Gibson. "I had other lengths before that, eight years one time, fall off, four years. It's like [going] through a revolving door."

Jodie Sweetin

When *Full House* ended when she was 14, Jodie's young life skidded off the rails. Over the next decade, she bounced between the occasional comeback attempts and substance use disorder, using ecstasy, methamphetamine, and crack. She said in an interview that she struggled with a sense of identity after the show ended and was "looking for other things to, to fix that and kind of fill that void."

After sinking deeper into substance use disorder, Jodie realized she was heading towards catastrophe and checked herself into rehab. She got sober in 2008 at age 26. After discovering a path of recovery, she started taking professional classes and became a certified drug and alcohol counselor.

Russell Brand

"When I started, I took it one day at a time," he said of recovering from substance use disorder. "Ultimately, I found that spirituality worked for me." Brand is a devoted practitioner of transcendental meditation, which he calls "perhaps the most important thing in the world."

Kat Von D

Kat Von D gained fame in the spotlight of Hollywood through following her passion for tattooing and her drive for life working as an artist.

After coming to terms with the fact that alcohol was getting in her way of tattooing, she decided to get sober. Von D became sober on July 7, 2007 and has not looked back since.

Danny Trejo

Substance use disorder does not discriminate. It can afflict anyone – rich or poor, famous or unknown. Actor Danny Trejo is just one of them. Trejo had tried heroin by the age of 12. He went to jail when he was just 15. By undergoing a 12-step rehab program and becoming a champion boxer while serving in San Quentin Prison in California, Trejo turned his life around. He celebrated almost five decades of sobriety in 2017.

CELEBRITIES

SHOW PREP

Kicked It:

Kristin Davis

"I don't think I would be alive. I'm an addict. I'm a recovering alcoholic. If I hadn't found acting... acting is the only thing that made me want to ever get sober. I didn't have anything that was that important to me other than trying to dull my senses."

She has been sober since she was 22.

Kelly Osbourne

"I can only share about what I've been through and what I know from myself," she said. "And that is, relapse is one of the hardest things we face as an open addict who has gone through the program and turned their life around."

She first encountered drugs at 13, when she gained access to liquid Vicodin after she had her tonsils removed.

She revealed she was finally able to clean up her act and get sober because she made the choice to, following a six-year battle for recovery that included four visits to rehab, six detoxes and one visit to a mental institution.

"For me, it was either I was going to die, or I was going to get help," Osbourne said at the time. "I decided that I wanted to live, that life is worth living and that I have an incredible family and friends and why am I allowing myself to be so miserable?"

Alec Baldwin

In his new memoir, "Nevertheless: A Memoir," Alec Baldwin shared an experience he's kept private for over 30 years; he once overdosed on drugs while in his 20s.

Baldwin delves into his substance use disorder, revealing for the first time that he overdosed in a hotel room. "I have no idea what is happening ... there's a pop inside my chest ... then I black out."

Today, Baldwin continues to maintain his recovery with the help of Alcoholics Anonymous.

Drew Barrymore

Drew Barrymore began acting at age six, and by the time she was nine, she'd already had her first drink. Three years later, she had already tried cocaine. In a 1989 interview with People, Barrymore opened up about her battle with addiction. At the time, she was just 13.

The celebrity actress is reported to have maintained a life free of substance use disorder since her teen years, which has been attributed to her choosing friendships with people who also maintain a similar lifestyle.

CELEBRITIES

SHOW PREP

Kicked It:

Amanda Bynes

In an interview with Paper Magazine in 2018, Bynes revealed she was nearly four years sober. She also opened up about her substance use disorder, which included molly, ecstasy, cocaine, and Adderall.

Dennis Quaid

Quaid opened up about his substance use disorder in an interview with The Sunday Times in 2018. "I liked coke," he said. "I liked it to go out. I missed it for quite a while. I was doing about two grams a day."

He said he was "lucky" to get a sign that led him to rehab. "I had one of those white-light experiences where I saw myself being dead and losing everything I had worked for my whole life, so I put myself in rehab," he said.

John Stamos

Stamos has been sober for about four years now.

The actor spoke about his sobriety while presenting fellow Full House actor, Jodie Sweetin, with Writers in Treatment's Experience, Strength and Hope Award for her advocacy work for people in recovery.

Robert Downey Jr.

The actor says he used drugs before he was a teenager and spent most of his early career under their influence. He had several high-profile arrests in the late 1990s and early 2000s while misusing alcohol, cocaine, and heroin and spent time in a California prison and a state-run rehab facility.

In 2002, he announced that he recovered.

Marvel's 2008 movie Iron Man revived his stalled career.

Ben Affleck

He went to rehab for the first time in 2001 and has called substance use disorder "a lifelong and difficult struggle." Following a stay at a treatment center in 2018, Affleck said on social media, "If you have a problem, getting help is a sign of courage, not weakness or failure."

Bradley Cooper

Bradley Cooper told GQ in 2013 that he got sober because he realized that "if I continued it, I was really going to sabotage my whole life."

Rob Lowe

Rob Lowe received the Spirit of Sobriety award in 2015 to celebrate 25 clean years.

CELEBRITIES

SHOW PREP

Kicked It:

Jamie Lee Curtis

In an interview with *People* in 2018, Curtis revealed that she became addicted to opioids for 10 years following minor plastic surgery in 1989.

"I was ahead of the curve of the opiate epidemic," Curtis told the magazine. "I had a 10-year run, stealing, conniving. No one knew. No one." Her husband didn't even know until she went to her first recovery meeting in 1999.

"Getting sober remains my single greatest accomplishment," Curtis said.

"Bigger than my husband, bigger than both of my children, and bigger than any work, success, failure. Anything."

Nicole Ritchie

Growing up in the spotlight, Nicole Richie used cocaine and heroin. In a 2007 interview with *Good Morning America*, Richie explained "I kind of took matters into my own hands and was creating drama in a very dangerous way. I think I was just bored, and I had seen everything — especially when you're young, you just want more... At 18 I had just been doing a lot of cocaine."

By the time she was 20, Richie entered rehab for heroin. She said in the same interview, "I, again, made the decision for myself, this is something I have to do. I have to get off drugs," she said. "This isn't the life ... this was heroin."

In the same interview, she said she hadn't touched cocaine since she was 18 or heroin in four years.

Daniel Radcliffe

"There was definitely a time when I was coming out of 'Potter' and I was into the real world, suddenly I was in a world where I'm not going to have that consistency anymore," he said. "I was pretty inconsolable on the last day of 'Potter.' I was really worried. I was living alone, and I think I was really freaked out ... I drank a lot, as has been recorded."

Charlie Sheen

Sheen has struggled with substance use disorder for years. He quit using cocaine and drinking for 11 years, but he told *Dr. Oz* in 2016 that he relapsed following his HIV diagnosis.

He celebrated one year of sobriety in December 2018.

CELEBRITIES

SHOW PREP

Kicked It:

Matthew Perry

He was one of America's best Friends from 1994 to 2004, but off-screen, he was struggling with alcohol and prescription drug use. The actor says he got addicted to painkillers when he was prescribed them after a personal watercraft accident. The sitcom and movie star has sought treatment, and he says helping others is an important part of his own recovery.

Now he's in a much better place. In August 2015, Perry won an award from Phoenix House, a treatment center in California. He told The Hollywood Reporter, "You can't have a drug problem for 30 years and then expect to have it be solved in 28 days... At Phoenix House, I was very moved by the hope that I saw there, which is what this is all about."

Edie Falco

The Sopranos actress says she became an alcoholic as a young woman trying to launch her career. She credits 12-step programs with helping her recover in 1992.

She often spoke about the recovery process while portraying Nurse Jackie from 2009 to 2015.

Colin Farrell

During an appearance on "The Ellen Show" in 2017, Farrell celebrated 10 years of recovery.

He reportedly checked into rehab again in 2018 as a preventative measure when he began to feel urges, according to The Sun.

Tobey Maguire

In 2003, the actor opened up to Playboy about being a recovering alcoholic and going to AA.

"It's just all practical," he said. "There are no holes in the program. It's so, so simple. I come in, I ask for help. It has totally changed my life."

Stephen Moyer

The "True Blood" actor stopped drinking and went into rehab after the birth of his first son.

"I got to a point in my life where I was totally out of control," he told The Telegraph in 2017. "I was shocked into doing something about it and fatherhood was definitely a big aspect of that —the catalyst that shook me. And I would never want to go back there."

CELEBRITIES

SHOW PREP

Kicked It:

Tom Hardy

The actor entered recovery in 2003 by using a 12-step program. He told *Esquire* it was his “first port of call.”

He has been sober since he was 25.

John Goodman

Goodman struggled with alcoholism for years and even drank while filming the original “*Roseanne*.” He has been sober for eight years.

Dax Shephard

In 2012, Shepard told *Playboy* that he struggled with an addiction to drugs and alcohol. He said that from the ages of 18 to 29 he was a “heavy smoker, heavy drinker, drug addict, terrible eater, and philanderer.”

Rob Delaney

He shared this on Twitter: “17 years ago I was in jail in a wheelchair,” he wrote. “Today I’m not. I am profoundly grateful to the alcoholics who shined a light on the path for me and helped equip me with the skills to live life well.”

Delaney lost his two-year-old son Henry in 2018 and credited his sobriety with helping him experience grief. “Sobriety allowed me to be a reasonably good dad, husband, and worker through it all,” he said. “Sobriety allows me to grieve fully, and grief is an expression of love.”

Josh Brolin

Josh is most famous for his high profile and internationally acclaimed roles as Thanos in *Avengers: Infinity War* and Cable in *Deadpool 2*.

He recently celebrated five years of sobriety.

Ewan McGregor

Ewan McGregor told *Playboy* in 2005 that he stopped drinking before it could ruin his life.

“I knew I was lucky, and somehow I knew that if I didn’t stop, everything would go tits up — my career, my family, my everything,” he said.

Naomi Campbell

According to *Vogue*, the model didn’t know if she’d make it through the early 2000s.

“It doesn’t matter what walk of life — addiction and alcoholism doesn’t discriminate,” she said at the Fortune Most Powerful Women International Summit in 2017.

CELEBRITIES

SHOW PREP

Kicked It:

Gerard Butler

Gerard Butler spoke to Men's Journal in 2012 about being 15 years sober. He said he went to rehab before he could reach full-blown pill addiction.

"Maybe a stronger person wouldn't have needed to go," he said. "When you hear the word rehab, you think, 'He's a mess, he's f---ed up.' But I'm glad I did it. I've made a s--tload of wrong decisions in my life. But I know I've made some right ones as well."

Jada Pinkett Smith

According to Contact Music, Jada Pinkett Smith realized she had a problem when she was drinking at home.

"I found myself drinking two bottles of wine on the couch, and I said, 'Jada, I think we've got a problem here,'" she said. "From that day on, I went cold turkey."

Joe Manganiello

"I battled with addiction at a young age and got to the other side of that," he told Haute Living in 2015. "That's an ongoing battle. I think there's a story in there somewhere about trying to find my way through that and making it to where I am today."

In 2018, he accepted a Spirit of Sobriety award.

"Sixteen years ago...I crashed and washed ashore on the banks of sobriety," he said. "When I was growing up, when I thought of an alcoholic, I thought of some toothless old guy in a trench coat in a basement somewhere. I just never thought that would apply to me. That type of stigma kept me from getting the help that I needed when I knew I needed it."

CELEBRITIES

SHOW PREP

Cut Short:

Verne Troy

Age: 49

Died: April 21, 2018 in Los Angeles, California

Cause of death: Suicide by alcohol poisoning

Jose Fernandez

Age: 24

Died: September 25, 2016 in Miami Beach, Florida

Cause of death: Boating accident; had alcohol and cocaine in his system

Philip Seymour Hoffman

Age: 46

Died: February 2, 2014 in New York City

Cause of death: Acute mixed drug intoxication, including heroin, cocaine, benzodiazepines, and amphetamine

Chris Farley

Age: 33

Died: December 18, 1997 in Chicago, Illinois

Cause of death: Speedball (heroin + cocaine)

Cory Monteith

Age: 31

Died: July 13, 2013 in Vancouver, British Columbia, Canada

Cause of death: Heroin, alcohol, codeine and morphine

Lisa Robin Kelly

Age: 43

Died: August 15, 2013 in Altadena, California

Cause of death: Multiple drug intoxication

Billy Mays

Age: 50

Died: June 28, 2009 in Tampa, Florida

Cause of death: Heart disease with cocaine being a "contributory cause of death"

Darrell Porter

Age: 50

Died: August 5, 2002 in Sugar Creek, Missouri

Cause of death: Cocaine

CELEBRITIES

SHOW PREP

Cut Short:

Heath Ledger

Age: 28

Died: January 22, 2008 in New York City

Cause of death: Cardiac arrest brought on by prescription drug intoxication

Anna Nicole Smith

Age: 39

Died: February 8, 2007 in Hollywood, Florida

Cause of death: Combined drug intoxication

Margeaux Hemingway

Age: 42

Died: July 1, 1996 in Santa Monica, California

Cause of death: Suicide by phenobarbital

River Phoenix

Age: 23

Died: October 31, 1993 in West Hollywood, California

Cause of death: Cocaine and heroin

David Waymer

Age: 34

Died: April 30, 1993 in Mooresville, North Carolina

Cause of death: Heart attack induced by cocaine

Richard Burton

Age: 58

Died: August 5, 1984 in Céligny, Geneva, Switzerland

Cause of death: Brain hemorrhage; he was addicted to alcohol and spent six weeks in a clinic at one point

Truman Capote

Age: 59

Died: August 25, 1984 in Bel Air, Los Angeles, California

Cause of death: Liver disease complicated by phlebitis and multiple drug intoxication

David Kennedy

Age: 28

Died: April 25, 1984 in Palm Beach, Florida

Cause of death: Cocaine, demerol, and mellaril

CELEBRITIES

SHOW PREP

Cut Short:

John Belushi

Age: 33

Died: March 5, 1982 in Los Angeles, California

Cause of death: Speedball (heroin + cocaine)

Don Rogers

Age: 23

Died: June 27, 1986 in Sacramento, California

Cause of death: Cocaine

David Croudip

Age: 30

Died: October 10, 1988 in Duluth, Georgia

Cause of death: Cocaine

Len Bias

Age: 22

Died: June 19, 1986 in Riverdale, Maryland

Cause of death: Cardiac arrhythmia induced by a cocaine

Jack Kerouac

Age: 47

Died: October 21, 1969 in St. Petersburg, Florida

Cause of death: Internal hemorrhage caused by cirrhosis, the result of long time alcohol use

Brian Epstein

Age: 32

Died: August 27, 1967 in London, England

Cause of death: Barbiturates

Marilyn Monroe

Age: 36

Died: August 4, 1962 in Los Angeles, California

Cause of death: Suicide by barbiturates

Sigmund Freud

Age: 83

Died: September 23, 1939 in London, England

Cause of death: Morphine

CELEBRITIES

SHOW PREP

Cut Short:

Eugene Lipscomb

Age: 31

Died: August 11, 1956 in Springs, New York

Cause of death: Heroin

Dana Plato

Age: 34

Died: May 8, 1999 in Moore, Oklahoma

Cause of death: Multiple drug intoxication

Jackson Pollock

Age: 44

Died: May 10, 1963 in Baltimore, Maryland

Cause of death: Car accident under the influence of alcohol

Carrie Fisher

Age: 60

Died: December 27, 2016 in Los Angeles, California

Cause of death: Cardiac arrest due to sleep apnea and atherosclerosis

Note: Carrie Fisher suffered from substance use disorder, specifically with cocaine and prescription medication

Robin Williams

Age: 63

Died: August 11, 2014 in Paradise Cay, California

Cause of death: Suicide by hanging

Note: During the late 1970s and early 1980s, Williams had an addiction to cocaine. He struggled with alcoholism and even admitted himself into the Hazelden Foundation Addiction Treatment Center in Center City, Minnesota, for treatment.